

Lakeside Community Primary School- Week 1 & 4 School Menu

	DISH 1	DISH 2	Veg/Pots/Pasta/Rice	Puddings	After School Club
MONDAY	Braised Sausage Hotpot with Rice (Chunky Pork sausage in rich onion gravy with vegetable rice)	Cheese & Tomato Pasta Bake (V) (Penne Pasta & homemade tomato sauce)	Carrots Garden Peas	Lemon Mousse Cake Fruit Yoghurts & Fresh Fruit Platter	Sandwich Selection Salad Selection Fruit Yoghurt
TUESDAY	Fish Crumble (V,GF) (White fish fillets on a bed of sweetcorn, topped with savoury bread crumble)	Pizza Margarita (V) (Homemade pizza bases topped with fresh passata & mozzarella)	Mashed Potato Broccoli Florets Sweetcorn	Homemade Shortbread Fruit Yoghurts & Fresh Fruit Platter	Sausage Breads Salad Selection Fruit Yoghurt
WEDNESDAY	Roast Dinner Day- Roast Chicken with Stuffing or Braised Quorn Fillets in Vegetable Gravy (V, DF, GF) New Potatoes, Savoy Cabbage, Baton Carrots, Green Beans, Roast Gravy			Apple Crumble & Custard Sauce Fruit Yoghurts & Fresh Fruit Platter	Tuna & Cheese Wraps Salad Selection Fruit Yoghurt
THURSDAY	Baked Potato Bar - Baked Potato & choice of 2 hot or cold fillings served with 5 a-day mixed salad, Beetroot, Coleslaw (V, DF, GF)			Fruity Flapjack Fruit Yoghurts & Fresh Fruit Platter	Pizza Fingers Salad Selection Fruit Yoghurt
FRIDAY	Harry Ramsdens Battered Fish with Chips & Mushy Peas (V, DF, GF)			Jelly & Ice-cream Fruit Yoghurts & Fresh Fruit Platter	Cheese and Crackers Salad Selection Fruit Yoghurt

**Available at lunch time –
Fresh salad selection, fresh
fruit platter, bread, chilled
water and fresh milk**

**Allergies – Children with allergies will be catered
for from the menu using modified dishes when
necessary**

**Halal options will be available
throughout the menu when
applicable**

THE COST OF A SCHOOL MEAL IS £2.20 PER DAY
(THIS INFORMATION WAS CORRECT AT TIME OF PRINTING 06.09.2017)

MENUS ARE SUBJECT TO CHANGE

Lakeside Community Primary School – Week 2 & 5 School Menu

	DISH 1	DISH 2	Veg/Pots/Pasta/Rice	Puddings	After School Club
MONDAY	Cheesy Grilled Fish <i>(poached white fish in a cheesy sauce & grilled till golden)</i>	Toad in the Hole (V) <i>(Veggie Sausages served in a Yorkshire pudding with onion gravy)</i>	Mashed Potato Carrots Garden Peas	Butterscotch Mousse with Caramel sauce Fruit Yoghurts & Fresh Fruit Platter	Sandwich Selection Salad Selection Fruit Yoghurt
TUESDAY	Mighty Macaroni Cheese with Crispy Bacon <i>(Cooked macaroni in a rich cheese sauce with bacon & fresh chives)</i>	Vegetable Curry & Naan Bread (V) <i>(Crunchy veg in mild korma sauce, with long grain rice)</i>	Broccoli Florets Sweetcorn	Homemade Warm Carrot Cake Muffins Fruit Yoghurts & Fresh Fruit Platter	Sausage Breads Salad Selection Fruit Yoghurt
WEDNESDAY	Roast Dinner Day - Roast Pork with Yorkshire Pudding or Braised Quorn Fillets in Vegetable Gravy (V, DF, GF) New Potatoes, Savoy Cabbage, Baton Carrots, Green Beans, Roast Gravy			Chocolate Sponge with Chocolate Custard Fruit Yoghurts & Fresh Fruit Platter	Tuna & Cheese Wraps Salad Selection Fruit Yoghurt
THURSDAY	Baked Potato Bar - Baked Potato & choice of 2 hot or cold fillings served with 5 a-day mixed salad, Beetroot, Coleslaw (V, DF, GF)			Fruity Cheesecake Fruit Yoghurts & Fresh Fruit Platter	Pizza Fingers Salad Selection Fruit Yoghurt
FRIDAY	Harry Ramsdens Battered Fish with Chips & Mushy Peas (V, DF, GF)			Jelly & Ice-cream Fruit Yoghurts & Fresh Fruit Platter	Cheese and Crackers Salad Selection Fruit Yoghurt

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Fresh salad selection, fresh
fruit platter, bread, chilled
water and fresh milk**

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Lakeside Community Primary School – Week 3 & 6 School Menu

	DISH 1	DISH 2	Veg/Pots/Pasta/Rice	Puddings	After School Club
MONDAY	Chicken, Pasta & Sweetcorn Medley (chicken strips, crunchy sweetcorn, cheesy sauce, grilled till golden))	Quorn Chilli con Carne (V) <i>(Quorn mince & veg in a mild spiced tomato sauce with Tortilla chips)</i>	Carrots Garden Peas	Chocolate Mousse Cake Fruit Yoghurts & Fresh Fruit Platter	Sandwich Selection Salad Selection Fruit Yoghurt
TUESDAY	BBQ Chicken Drummers (glazed, grilled chicken in bbq sauce with pineapple rice)	Vegetable Lasagne(V) (Layers of veg & pasta topped with cheese sauce)	Mashed Potato Broccoli Florets Sweetcorn	Strawberry Crunch with pouring cream Fruit Yoghurts & Fresh Fruit Platter	Sausage Breads Salad Selection Fruit Yoghurt
WEDNESDAY	Roast Dinner Day- Roast Turkey with Yorkshire Pudding or Braised Quorn Fillets in Vegetable Gravy (V, DF, GF) New Potatoes, Savoy Cabbage, Baton Carrots, Green Beans, Roast Gravy			Rice Pudding & Fruity Jam Sauce Fruit Yoghurts & Fresh Fruit Platter	Tuna & Cheese Wraps Salad Selection Fruit Yoghurt
THURSDAY	Baked Potato Bar - Baked Potato & choice of 2 hot or cold fillings served with 5 a-day mixed salad, Beetroot, Coleslaw (V, DF, GF)			Tutti Fruity Meringues Fruit Yoghurts & Fresh Fruit Platter	Pizza Fingers Salad Selection Fruit Yoghurt
FRIDAY	Harry Ramsdens Battered Fish with Chips & Mushy Peas (V, DF, GF)			Blueberry Muffins Fruit Yoghurts & Fresh Fruit Platter	Cheese and Crackers Salad Selection Fruit Yoghurt

**Available at lunch time –
Fresh salad selection, fresh
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water and fresh milk**

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